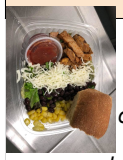
Lunch price ~ $2.95 per day
Snack & cold milk price ~ $.50
Breakfast price ~ $1.50 per day

~ November 2018 NJSHS School Menu ~

Follow us on twitter - https://twitter.com/SAU31_Nutrition

	Monday	Tuesday	Wednesday	Thursday	Friday		
You may fill out a Free & Reduced form anytime during the school year	1 Chicken and waffles, lettuce, tomato, pears, fries, broccoli or pizza	2 Cheeseburger, onion rings or sweet potato fries, romaine lettuce, tomato slices, pickles, peaches	3 Macaroni & cheese,sliced ham on the side, green beans, muffin/roll, applesauce	1 Hot dog on a bun with or without chili & cheese, baked beans, carrots, pineapple piece, fries or chili/cheese/crackers	5 Pizza, spinach & romaine salad, extra toppings on salad bar, mixed fruit or salad bar		**There is no charging of milks or snacks**
 *Salad of the week Southwest chicken salad*	5 Chicken Patty, romaine lettuce, sliced tomato, fries, carrots & peaches or pizza	6 No School	7 Beef nacho's (beef or chicken)calico bean salad, onions & salsa, corn, potato puffs, applesauce, black olives	8 French toast sticks, hash browns, sausage, pears or pancakes salad bar	9 Sal's pizza, spinach & romaine salad, extra toppings on saladbar, mixed fruit salad bar	Breakfast offered daily, choice of cereal, yogurt, breakfast bar, cheese sticks, fresh fruit, 100% fruit juice & milk	Milk $.50 1% white, Skim & Nonfat chocolate
Salad of the week chicken caesar	12 Veteran's Day no school	13 Taco's (beef or chicken) salsa, rice, sour cream, shredded lettuce & tomato, calico beans, corn, applesauce, black olives	14 Pasta w/or without sauce, plain sauce or meat sauce, green beans, garlic bread, pineapple	15 Turkey and gravy, mashed potato, broccoli, roll, applecrisp one choice only	16 Papa Gino's pizza, spinach/romaine salad, extra toppings on the salad bar mixed fruit or salad bar	Daily Offerings of assorted vegetables & fruit first day of fall 9:45pm	
	19 Chicken nuggets, carrots, potato puffs, rice, blueberry muffin, applesauce or pizza	20 cheeseburger mac & cheese, muffin, broccoli, peaches or baked ham & cheese sandwich	21 No school	22	23 No school	School Meals Improve Learning Environments	
Salad of the week crispy chicken	26 Chicken and waffles, waffle fries, pears, broccoli or pizza	27 Cheeseburger, onion rings or sweet potato fries, romaine lettuce, tomato slices, pickles, peaches or chicken parm sandwich	28 tomato soup, baked cheese, sandwich,sweet potato wedges, pineapple, carrots or fish sandwich with tartar sauce	29 BBQ pulled pork sandwich, baked beans, fries, coleslaw, pears or salad bar	30 French Bread pizza, spinach/romaine salad, with extra toppings on the salad bar, mixed fruit or salad bar		

Order your special lunch with your phone or computer by going to the NJSHS web page & click on lunch order form

USDA is an equal opportunity provider and employer

You can pay online at ~ myschoolbucks.com

Menu items subject to substitution by items of equal nutritional value

Daily grab n' go sandwich's & salad available