Lunch price ~ $2.95 per day
Snack & cold milk price ~ $.50
Breakfast price ~ $1.50 per day

~ January 2019 NJSHS School Menu ~

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	Monday	Tuesday	Wednesday	Thursday	Friday		
You may fill out a Free & Reduced form anytime during the school year		1 No School	2 Chicken Nuggets, dipping sauces, sweet potato fries, green beans, peaches or meatball sub	3 Pulled pork sandwich on a bun, bbq sauce on the side, carrots, fries, baked beans, fresh fruit or salad bar	4 Papa Gino's pizza, spinach/romaine salad, mixed fruit or salad bar		**There is no charging of milks or snacks**
	7 Chicken tenders, rice, green beans, potato fries, peaches or hot dogs on a bun	8 Cheeseburger, lettuce, tomato, mixed calif blend vegetables, applesauce, onion rings, or pulled pork sandwich	9 Beef nacho's (beef or chicken)calico bean salad, onions & salsa, corn, potato puffs, applesauce, black olives	10 french toast sticks, hash browns, sausage, pears or pancakes salad bar	11 Sal's pizza, spinach & romaine salad, extra toppings on saladbar, mixed fruit salad bar	Breakfast offered daily, choice of cereal, yogurt, breakfast bar, cheese sticks, fresh fruit, 100% fruit juice & milk	Milk $.50 1% white, Skim & Nonfat chocolate
	14 Chicken patty on w/w bun, lettuce, carrot sticks, sweet potato fries, peaches or veggie chili and crackers	15 Taco's (beef or chicken) salsa, rice, sour cream, shredded lettuce & tomato, calico beans, corn, applesauce, black olives	16 Sheppard's pie, broccoli, garlic bread, pineapple	17 Hot dog on a bun potato wedges, baked beans, pineapple or beef chili & crackers salad bar	18 Papa Gino's pizza, spinach/romaine salad, extra toppings on the mixed fruit or salad bar	Daily Offerings of assorted vegetables & fruit first day of fall 9:45pm	
	21 No School	22 cheeseburger mac & cheese, muffin, broccoli, peaches or baked ham & cheese melt	23 tomato soup, baked cheese, sandwich,sweet potato wedges, pineapple, carrots or fish sandwich with tartar sauce	24 Cheeseburger, lettuce, tomato, mixed calif blend vegetables, applesauce, onion rings, or pulled pork sandwich, salad bar	25 pizza, spinach/romaine salad, extra toppings on the salad bar mixed fruit	School Meals Improve Learning Environments	
	28 Chicken nuggets, dipping sauces, potato fries, green beans, peaches or meatball sub	29 Italian pasta bake or vegetarian chili, cheese, broccoli, sour cream, salsa, pears.	30 Turkey & gravy over rice, california mixed veggies, roll, applesauce	31 Pulled pork sandwich on a bun, bbq sauce on the side, carrots, fries, baked beans, fresh fruit or ham & cheese melt			

Order your special lunch with your phone or computer by going to the NJSHS web page & click on lunch order form

USDA is an equal opportunity provider and employer

You can pay online at ~ myschoolbucks.com

Menu items subject to substitution by items of equal nutritional value

Daily grab n' go sandwich's & salad available