





Lunch price ~ \$2.85 per day		~ May 2018 NJSHS School Menu ~						<b>There is no charging of milks or snacks</b>
Snack & cold milk price ~ \$.50								
Breakfast price ~ \$1.50 per day								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday			
	30 Appetizer plate - Chicken fries, meatballs, carrots & dip, potato smiles, bread stick, peaches	27 Pulled pork sandwich, baked beans, cole slaw, onions & peppers on the side, choc. cake, fries, pineapple	28 sliced turkey, gravy, mashed potato, green beans, roll, applesauce	29 Macaroni & cheese, sliced ham on the side, green beans, muffin/roll, strawberries or salad bar	6 Papa Gino's pizza, spinach/romaine salad, mixed fruit or salad bar			
Order your special lunch with your phone or computer by going to the NJSHS web page & click on lunch order form	7 Hot dog on a bun, baked beans, carrots, pineapple piece, fries	8 Cheeseburger, onion rings or sweet potato fries, romaine lettuce, tomato slices, pickles, peaches	9 Taco's, salsa, rice, shredded lettuce & tomato, calico beans, corn, applesauce	10 Buffalo chicken sliders, (mild), celery & carrot sticks, dip, fries, choc.cake, pears or salad bar	11 1/2 day assorted sandwiches, veggies & fruit one choice only	Breakfast offered daily, choice of cereal, yogurt, breakfast bar, cheese sticks, fresh fruit, 100% fruit juice & milk	Milk \$.50 1% white, Skim & Nonfat chocolate	
	14 Chicken nuggets, carrots, potato puffs, rice, blueberry muffin, applesauce	15 Mozzarella sticks, baked penne, marinara sauce, broccoli, peaches National chocolate chip day 	16 French toast sticks, hash browns, sausage, pears	17 Beef nacho's, calico bean salad, onions & peppers, salsa, corn, potato puffs, pineapple or salad bar	18 Papa Gino's pizza, spinach/romaine salad, mixed fruit or salad bar	Daily Offerings of assorted vegetables & fruit		
You may fill out a Free & Reduced form anytime during the school year	21 Chicken Patty, romaine lettuce, sliced tomato, fries, carrots & peaches	22 Bake potato bar, chili, cheddar cheese, broccoli, sour cream, muffin, applesauce	23 Pasta w/or without meat sauce, green beans, garlic bread, pineapple	24 Chicken wings, potato wedges, rolls, baked beans, cole slaw, pears	25 Pizza, romaine/ spinach salad, mixed fruit or salad bar			
Menu items subject to substitution by items of equal nutritional value	28 Memorial Day 	29 Pulled pork sandwich, baked beans, cole slaw, onions & peppers on the side, choc. cake, fries, pineapple	30 sliced turkey, gravy, mashed potato, green beans, roll, applesauce	31 Macaroni & cheese, sliced ham on the side, green beans, muffin/roll, strawberries or salad bar	6/1 Papa Gino pizza, romaine/ spinach salad, mixed fruit or salad bar			

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