



~ May 2017 NJSHS School Menu ~


Lunch price ~ \$2.75 per day  
 Snack & cold milk price ~ \$.50  
 Breakfast price ~ \$1.50 per day

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Chicken bites, mashed potato or cheese quesadillas & sweet potato wedges, broccoli, muffin, peaches	2 Hot dog or chili dog on whole grain roll, baked beans, carrots, pears	3 French toast sticks, or pancakes, sausage, potato wedges, strawberries	4 Nacho's, refried beans on the side, salsa, corn, potato puff, mandarian oranges or bosco sticks	5 Papa Gino's pizza, spinach salad, blueberries or salad bar	Breakfast offered daily, choice of cereal, yogurt, breakfast bar, cheese sticks, fresh fruit, 100% fruit juice & milk	<b>There is no charging of milks or snacks</b>

	8 Chicken patty or cheeseburger on w/ grain bun, lettuce/tomato, baked sweet potato fries, green beans, peaches	9 Taco's (beef or chicken) refried beans, shredded lettuce & tomato, salsa corn, potato puff, pears	10 Macaroni & cheese, with buffalo chicken or plain chicken, broccoli, muffin, strawberries	11 Individual pan pizza spinach/romaine salad, mixed fruit or salad bar	1/2 day school ONE CHOICE ONLY Assorted sandwich's carrots & raisins	Daily Offerings of assorted vegetables & fruit	Milk \$.50 1% white, Skim & Nonfat chocolate
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<i>Mother's Day</i>	15 Chicken nuggets or cheese quesadillas, rice, carrots, potato puffs, raisins	16 Cheeseburger, broccoli, onion rings, pears, or chicken sub	17 Chicken fajitas, salsa, corn, sweet potato fries, mandarin oranges applesauce cake or mozzarella sticks	18 Pulled pork on a bun or corn dog, cole slaw, baked beans, spicy wedges, applesauce salad bar	19 Big daddy pizza, spinach salad, mixed fruit, salad bar		
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Menu items subject to substitution by items of equal nutritional value	22 Chicken patty or cheeseburger on w/ grain bun, lettuce/tomato, baked sweet potato fries, green beans, peaches	23 French toast sticks, or pancakes, sausage, potato wedges, strawberries	24 Nacho's, refried beans on the side, salsa, corn, potato puff, mandarian oranges or bosco sticks	25 Macaroni & cheese, ham or chicken, broccoli, muffin, pears salad bar	26 French bread pizza, spinach salad, mixed fruit salad bar	Order your special lunch with your phone or computer by going to the NJSHS web page & click on lunch order form	
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	29 Memorial Day 	30 Hot dog or chili dog on whole grain roll, baked beans, carrots, peaches	31 Spaghetti, plain/red sauce or meat sauce, green beans, garlic bread, pears				
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