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You may fill out a free & reduced any time during the school year

Breakfast is not served on a delayed start of school

Menu items subject to substitution by items of equal nutritional value

Newmarket Fire & Rescue stopping in to lend a hand serving lunch in October



## January 2019 ~ Elementary School Menu

Lunch price ~ \$2.75 per day  
 Snack & cold milk price ~ \$.50  
 Breakfast price ~ \$1.25 per day

	Monday	Tuesday	Wednesday	Thursday	Friday
xxx		1 No School	2 Chicken nuggets, honey mustard or bbq sauce dipping sauces, fries, green beans, peaches or meatball sub	3 Pulled pork on a bun, bbq sauce on the side, carrots, baked beans, fresh fruit, or ham and cheese melt	4 Papa Gino's pizza, Romaine & spinach salad, mixed fruit or Tuna salad
	7 ChickenTenders, rice, green beans, sweet potato waffle fries, peaches or hot dogs	8 Cheeseburger, lettuce, tomato, mixed cali blend veggies, applesauce, potato smiles	9 Nacho's (beef), calico beans, shredded lettuce & tomato, corn, fries, pears	10 Waffles, cheese stick, hash browns, pineapple pieces	11 Sal's pizza, romaine & spinach salad, mixed fruit
	14 Chicken patty, lettuce, pickles on a w/w bun, green bean, potato puff, peaches	15 Taco's (beef) salsa, shredded lettuce & tomato, calico beans, salsa, corn, pears & fries	16 Shepards pie, garlic bread, salad, applesauce	17 Hot dog on a bun, potato wedges, baked beans, pineapple	18 Papa Gino's Pizza, spinach/romaine salad, mixed fruit
	21 No School	22 Cheeseburger mac & cheese, muffin, carrots, pineapple	23 tomato soup, baked cheese, sandwich, potato wedges, pineapple, salad,	24 Cheeseburger, lettuce, tomato, mixed cali blend veggies, applesauce, potato smiles	25 Turkey & cheese sandwich, lettuce, tomato, pickle salad with spinach & romaine, mixed fruit
	28 Chicken nuggets, honey mustard or bbq sauce dipping sauces, fries, broccoli, peaches	29 Ham & cheese on a bun, lettuce, tomato, pickles, onions, salad gold fish crackers, pears	30 Turkey & gravy over rice, california mixed veggies, roll, applesauce	31 Pulled pork on a bun, bbq sauce on the side, carrots, baked beans, fresh fruit	

Breakfast offered daily, choice of cereal, yogurt, breakfast bar, fresh fruit, 100% fruit juice & milk

**There is no charging of milks or snacks**

Milk \$.50  
 1% white, Skim & Nonfat chocolate

Daily Offerings of assorted vegetables & fruit

**School Meals Improve Learning Environments**

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